



# 2009 PEAK TEN GYMNASTICS CAMP

## AUGUST 2<sup>nd</sup> – 7<sup>th</sup>

**Philosophy:** Our combination of expert staff and top quality equipment will provide a safe and wonderful environment for gymnasts in recreational, high school, and advanced level USAG programs. A staff with a high level of enthusiasm look forward to providing plenty of individual instruction necessary for your success.

**Housing:** Gymnasts will be housed in luxury condominiums in Breckenridge. Each unit will have a live-in adult "house mom," who will be in charge of monitoring 6-8 gymnasts for wake up calls, showering, and lights-out rules.

**House Moms:** Positions are available to attend camp with your daughter. Gymnast receives 50% discount on camp tuition and "house mom" receives complimentary room and board in trade for help with meals. **PLEASE CALL**

**Facility and Location:** The Peak Ten Camp is proud to be associated with the fabulous Summit County High School, located 5 miles north of Breckenridge, CO. This multi-million dollar facility has 20,000 sq. feet of workout space. A partial list of equipment includes competition level beams, low and intermediate level practice beams, a 40' X 40' spring FX, super-wide bars, two 7' X 14' trampolines with overhead spotting belts, and the "super-fun" double-mini trampoline.

**Food:** Nutritionally balanced meals will be a combination of breakfast and dinner at the condos and a catered lunch at the gym. Our "on staff" food service person and house moms will be in charge of food preparation during camp.

**Extra Activities:** Swimming, Olympic Challenge Night, Obstacle Course Night, and access to the Breckenridge Recreation Center facilities.

<b>Tuition:</b> Full 6 day camp (lodging, meals, evening activities)	\$ 580.00	<b>REFUND POLICY</b> With Written Notice
6 day commuter camp (lunch, evening activities)	\$ 340.00	
"Per Day" camp (commuter ONLY, lunch, activities)	\$ 105.00	

<b>Discounts:</b> (Apply 1 Only)		
"Early Bird" (postmarked by May 31 <sup>st</sup> )	5%	Prior to July 15th
Groups of 4 or more (mailed together)	5%	\$ 25 processing fee

**All registration must be accompanied by a \$ 150.00 deposit.**

After July 15th  
\$ 50 processing fee

Mail checks to: **PEAK TEN GYMNASTIC CAMP**  
3013 W. MONONA DRIVE  
PHOENIX, AZ. 85027  
(602) 703-3299  
www.peaktengymnastics.com

**NO REFUND AFTER  
ARRIVING AT  
CAMP**

*Russ*



**Mail to: Peak Ten Gymnastics Camp**  
**3013 W. Monona Drive**  
**Phoenix, AZ. 85027**  
**(602) 703-3299**  
**www.peaktengymnastics.com**

Name \_\_\_\_\_ Age \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_ Phone \_\_\_\_\_

Club \_\_\_\_\_ Emergency Phone \_\_\_\_\_

Beginner \_\_\_\_\_ Intermediate \_\_\_\_\_ Advanced(Level 8-9) \_\_\_\_\_ Super Star (Level 10) \_\_\_\_\_

Type of Camp: Full \_\_\_\_\_ Commuter \_\_\_\_\_ 3 Day \_\_\_\_\_

T-Shirt Size: Child Med. \_\_\_\_\_ Child Large \_\_\_\_\_ Adult Small \_\_\_\_\_ Adult Med. \_\_\_\_\_

List any previous injuries or conditions of which we should be aware: \_\_\_\_\_  
I, as parent/legal guardian, APPROVE AND GIVE PERMISSION for my daughter to participate in the Peak Ten Gymnastics Camp. I also understand that in any activity involving motion and height serious injury may occur, including paraplegia and even death. I will not hold Peak Ten Gymnastics or staff liable. I give permission for the staff to request medical attention or act in their best judgment in the event of an emergency. I further give permission to allow Peak Ten Gymnastics Camp to transport my child.

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

### STAFF

Camp Director: Russ Crescentini-25 yrs. coaching experience/club owner  
Co-Director: Ben Way- 25 yrs. experience, Gym Director of Silverthorne Rec. Center  
Mike Valentine- 25 yrs. experience, Past BYU and DU team coach  
Tara Emily- Team Coach, Lilley Gulch Gymnastics  
Lauren Wright- "Outstanding Coach" 2006 & 2007 Peak Ten Camp  
Shauna Neely- 3 yrs. Junior Staff  
Mallory Wetherington- 3 yrs. Junior Staff

**13<sup>th</sup> annual**  
**2009 PEAK TEN**  
**GYMNASTICS CAMP**  
**AUGUST 2<sup>nd</sup> – 7<sup>th</sup>**  
**BRECKENRIDGE, COLORADO**  
**In the Heart of Ski Country U.S.A.**

*Russ*